



Silver Spring Class Schedule

Fall/Winter 2008 Session 1: Sept. 4 – Oct. 29, 2008 • Session 2: Oct. 30, 2008 – Jan. 31, 2009

Classes/Ages	Mon	Tues	Wed	Thurs	Fri	Sat	
Open Gym \$7 per child 6 years and under	12-1	12-1	12-1	12-1	12-1		
45 Minute Classes — Session 1: \$165 Session 2: \$225							
 Little Stars 18 months - 3 years With adult participation	9:20-10:05	9:20-10:05	9:20-10:05	9:20-10:05	9:20-10:05	8:30-9:15	
	10:15-11	10:15-11	10:15-11	10:15-11	10:15-11	11:10-11:55	
	11:10-11:55	11:10-11:55	11:10-11:55	11:10-11:55	11:10-11:55	12:00-12:45	
	1:10-1:55	1:10-1:55	1:10-1:55	1:10-1:55	1:10-1:55	12:45-1:30	
	2:05-2:50	2:05-2:50	2:05-2:50	2:05-2:50	2:05-2:50		
	3:30-4:15	3:30-4:15	3:30-4:15	3:30-4:15	3:30-4:15		
	5:10-5:55	5:10-5:55			5:10-5:55		
	6:05-6:50	6:05-6:50	6:05-6:50	6:05-6:50	6:05-6:50		
	Twinkling Stars 3's & 4's Without adult participation OR Shining Stars 4's & 5's	9:20-10:05	9:20-10:05	9:20-10:05	9:20-10:05	9:20-10:05	9:15-10:00
		10:15-11	10:15-11	10:15-11	10:15-11	10:15-11	10:05-10:50
11:10-11:55		11:10-11:55	11:10-11:55	11:10-11:55	11:10-11:55	11:10-11:55	
1:10-1:55		1:10-1:55	1:10-1:55	1:10-1:55	1:10-1:55	12:00-12:45	
2:05-2:50		2:05-2:50	2:05-2:50	2:05-2:50	2:05-2:50	12:45-1:30	
3:30-4:15		3:30-4:15	3:30-4:15	3:30-4:15	3:30-4:15		
4:15-5		4:15-5	4:15-5	4:15-5	4:15-5		
5:10-5:55		5:10-5:55	5:10-5:55	5:10-5:55	5:10-5:55		
6:05-6:50		6:05-6:50	6:05-6:50	6:05-6:50	6:05-6:50		
1 Hour Classes — Session 1: \$190 Session 2: \$260							
 Comets 5's & 6's co-ed	1-2	1-2	1-2	1-2	1-2	9-10	
	2-3	2-3	2-3	2-3	2-3	10-11	
	3:30-4:30	3:30-4:30	3:30-4:30	3:30-4:30	3:30-4:30	11-12	
	4-5	4-5	4-5	4-5	4-5	12-1	
	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30	12:30-1:30	
	5-6	5-6	5-6	5-6	5-6		
	6-7	6-7	6-7	6-7	6-7		
Super Novas Beginners, Girls 7 & up	4-5		4-5	6-7		9-10 10-11	
Boys Tumbling 5 & up	4-5	4-5 5-6	4-5	4-5	4-5	9-10 10-11	
Tumbling & Tramp 6-9 years old — co-ed	5-6		5-6	5-6	6-7	10-11 11-12	
1½ Hour Classes — Session 1: \$205 Session 2: \$285							
Meteors/Asteroids 7 & up	4-5:30	4-5:30	4-5:30	4-5:30	4-5:30	9-10:30	
	5:30-7	5:30-7	5:30-7	5:30-7	5:30-7	10:30-12	
	7-8:30	7-8:30	7-8:30	7-8:30	7-8:30	12-1:30	
Tumbling Classes	6-7:30		6-7:30		7-8:30	12-1:30	
	(TNT 10+) 7:30-9 (High School Gymnastics)		(TNT 10+)		(TNT 10+)	(TNT 10+)	
BY INVITATION ONLY — Session 1: \$220 Session 2: \$305							
Rising Stars/X-Team 9 years old & up	5:30-7:30. Rising Stars	6-8 Rising Stars	6-8 X-Team	5:30-7:30 Rising Stars	5:30-7:30 Rising Stars	11-1 Rising Stars	
2 Day a Week Classes — Session 1: \$315 Session 2: \$430							
Shooting Stars (2x/week)	5:30-7	5:30-7	5:30-7	5:30-7	5:30-7	12-1:30	
TNT Preteam (2x/week)		5-6:30		5-6:30			

Silver Spring Gymnastics & Fitness Club, Inc.

Silver Spring: 2701 Pittman Drive, Silver Spring, MD 20910 • 301-589-0938 • fax 301-589-1717

We will be closed for Thanksgiving break November 27 – November 30, 2008; Christmas Day, Thursday, December 25; and New Years Day, January 1, 2009. We will be closed for classes Thanksgiving break November 27 – November 30, 2008 and Winter break December 22 – January 3, 2009. Silver Stars reserves the right to cancel any class with less than 4 kids enrolled. Prices based on one class per week, 25% discount on second class/same child.